



Makes your belly dance outfit extra fabulous with matching gloves or armbands! This pattern requires basic skills in pattern drafting: if you can draw a straight line and draw a circle, you can draft this pattern. Use a straight stitch and a zig-zag stitch on a sewing machine for assembling.

Materials

Gloves and armbands can usually be made from scraps of left over fabric. A pair of gloves from upper arm to lower arm requires app. 0,5 m/1,5 yards of fabric. Use fabric that has a slight stretch to if for a comfortable fit, lice velours de panne, lycra, stretch velvet of tricot.

Needed:

Fabric

Thread

Sewing machine

Special stretch fabric needle for your machine

0,5 cm/ 1/5" wide elastic for the upper edge



Pattern

Take the measurements along the outside of a bended arm

A= From middle finger to wrist

B= from wrist to elbow

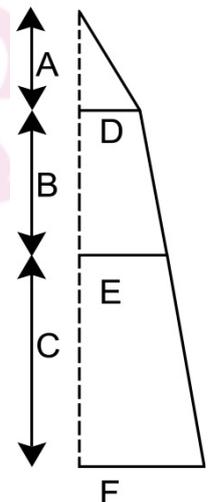
C= from elbow to upper edge of glove

D= ½ circumference wrist

E= ½ circumference elbow

F= ½ circumference upper arm

Draw the pattern for the length of glove that you want to make. For armbands on the upper arms, cut a square piece of fabric, as wide as your upper arm and app 10 cm/ 4" wide.



Cutting

Put the pattern pieces on the fabric: the dotted line is the grain of the fabric. You'll want most of the stretch to be directed to the sides: make sure your pattern piece is parallel to the machine finished side of the fabric to accomplish this. Fold the fabric and put the dotted line along the fabric fold. Cut **WITHOUT SEAM ALLOWANCE**.

Sewing

Use a 1 cm/ 2/5" seam allowance. Always use the correct needle in your machine for the best result. I use a straight stitch on side seams and a wide zig zag for the upper and lower edge.

1. Double the fabric and stitch the side seam.
2. Fold the upper edge over for app. 1 cm/ 2/5" and make a small casing for elastic. Leave a small gap. Use a safety pin to thread the elastic through the casing, tie or sew the ends of elastic together and close the gap.

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3. Fold the lower edge to the inside (roughly 05, cm/ 1/5") and zigzag into place. Add a loop from elastic for the middle finger if needed.
4. For gloves and armbands without a middle finger loop, just fold inward and stitch.
5. Decorate with beads and sequins as you see fit.

Example of long gloves in black velours de panne, and an example of the armbands in green velours de panne.



About Kyria

Kyria is a professional bellydancer, living in Utrecht, The Netherlands. She published a Dutch book on belly dance costuming in 2007 and has a knack for creating teaching tools, images and tutorials. Check out her website for more material:

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